

Southend Health and Wellbeing Board

Report by

Alex Khaldi, Independent Chair, A Better Start Southend

to

Health & Wellbeing Board on 7th December 2022

Report prepared by:

Tara Poore, Director, A Better Start Southend

| | | | | | |
|--|----------------|---|----------------------|--|-------------------|
| | For discussion | X | For information only | | Approval required |
|--|----------------|---|----------------------|--|-------------------|

A Better Start Southend - update

Part 1 (Public Agenda Item)

1 Purpose of Report

The purpose of this report is to provide an update from the Chair of A Better Start Southend (ABSS) on key developments since the last meeting.

2 Recommendations

HWB are asked to:

1. Note the content of the report and raise questions or comments with Alex Khaldi, Independent Chair of A Better Start Southend (ABSS).
2. Note that A Better Start Southend has won two prestigious Children and Young People Now awards, highlighting the power of partnership, community and a focus on system change early years work.

3 Governance

The ABSS Programme continues to benefit from strong Partnership engagement, with positive participation at a range of levels for all core Partners, including:

- Early Years Alliance
- Southend City Council
- Essex Police
- Mid and South Essex Hospital Trust
- Essex Partnership University NHS Foundation Trust (EPUT)
- Mid and South Essex Integrated Care Board
- University of Essex
- Family Action
- SAVS

As a reminder, the ABSS Programme Governance structure comprises the following Groups:

- Partnership Board - Chair, Alex Khaldi, ABSS
- Executive Consultative Board - Chair, Alex Khaldi, ABSS
- Programme Group - Chair, Krishna Ramkhelawon, SCC
- Insight and Analysis Group - Chair, Michael Freeston, EYA
- Finance and Risk Group - Chair, Paul Grout, SCC
- Parents' Group - Rolling Parent Champion Chairs
- YourFamily Partnership Group - Chair, Emma Hawker, Parent Champion.

All ABSS governance meetings continue to take place regularly and are aligned to the governance schedule, to aid with oversight and scrutiny of ABSS Programme activity.

In August 2022 ABSS were shortlisted for two CYP Now awards in the categories of Early Years and Partnership working. The awards ceremony took place on 24 November where ABSS successfully won the awards in both categories.

Early Years category - Talking Transitions stood out for building relationships between early years settings and schools, providing specialist training to professionals, and ensuring knowledge is shared with parents. This combination is unique, effective and is helping some of our most disadvantaged children to improve their speech, language, and communication skills and to make a successful transition into school.

Partnership category – The ABSS Partnership award recognised ABSS for pushing at the boundaries of partnership working, by trying new ways of bringing the voices of lived experience parents into the heart of the programme. The work has underpinned significant system change which is paving the way for sustained long term improvements in terms of child health interventions and developmental outcomes.

ABSS Legacy and Sustainability Strategy

The ABSS Core Strategy for 2022-23 clearly sets out the priority of 'ensuring a long-lasting legacy'. In setting out to achieve that legacy from 2025 and beyond, the operational objectives currently in plan or in train across ABSS are now set out in a business plan which forms the one central anchor point for development and progression of activity. That business plan will be updated regularly and informed by the needs of the families and children of Southend, legal and financial obligations, sustainability factors, quarterly service delivery performance reviews and learning from data and practice.:

A framework to assess the future viability of individual projects and programmes of work is currently being established, this will take into account impact, cost and possible sustainable funding options. Furthermore, strategic planning with NHS leads and Southend City Council Directors will take place in the spring to support policy development in terms of larger scale programmes, such as Let's Talk and Family Nurse Partnership.

Workforce development is a key strand to the Legacy and Sustainability Strategy which will consider the impact posts funded through the programme play in the maternity and early years sectors in Southend. As well as paid posts community development has been a significant and unpinning theme through the A Better Start Southend partnership and programme and must be afforded the same attention when considering the legacy of ABSS. Skills retention across paid and voluntary roles requires careful assessment and will also form part of the strategic planning with NHS leads and Southend City Council Directors.

City Family Community Interest Company (CIC) was incorporated as a legal entity in September 2022, this milestone demonstrates key commitment from the ABSS Partnership to drive forward the Legacy and Sustainability Strategy. City Family CIC will shortly begin the recruitment of non-founding directors, with ring fenced roles for Southend lived experience parents. City Family CIC is a formal delivery partner of ABSS

To support the original intentions set out in the A Better Start Southend bid plans to understand the feasibility of a Centre of Excellence for early childhood health and development (based in Southend) have started and form part of the Legacy and Sustainability Strategy, it is proposed that an overview of this work will be presented to the Health and Wellbeing Board in the new year.

Engagement of Parent Champions within ABSS (Governance) Meetings

All committees and groups include the active participation of engaged parents, with Terms of Reference stating that no meeting is quorate unless there is parent and Partner presence at each forum.

Southend Family Centres

Southend Family Centres and ABSS continue to work together to meet the needs of children and families in Southend. Exploration of opportunities to integrate further are currently taking place and are focused on a Southend antenatal offer, joint data systems and response to the cost-of-living crisis.

The National Lottery Community Fund (TNLCF)

ABSS continues to send updates to TNLCF aligned to the revised 2022 Reporting Schedule. Some elements of reporting will be updated to better reflect the stage of the Programme reached, this includes much more visual accounts of progress that are dynamic and informative.

TNLCF are working with all five ABS sites across England and the National Children's Bureaux to share best practice in workforce development, communication, research, and sustainability planning. Members of the ABSS Partnership attended a national A Better Start legacy session on November 3rd, this looked at approaches to sustain partnerships, influence policy development and the sharing of learning to ensure the impact of the programme is continued well beyond the TNCLF funded period.

Cost of Living Crisis

The cost-of-living crisis is discussed in governance meetings, with ABSS delivery partners and direct delivery services. ABSS has been part of the SCC Tackling Poverty Steering Group and supporting the development of the strategy, encouraging connections between SCC, ABSS partners and projects. ABSS will be utilising the valuable information on offer to families and sharing widely through communication channels.

YourFamily and Southend Family Centres will be trialling an after-school session to find out if parents would welcome a space to bring their children to play which is warm, welcoming and can offer a snack. Parents will be able to access support and can be signposted to other services if needed. If this is something families would like YourFamily will work with Family Centres to widen the offer across Southend.

The Parent, Family and Community Hub co-ordinator will be speaking to families accessing chaos and calm sessions to establish if they would benefit from additional sessions across Southend as costs for families where children have complex needs are often higher.

4 Evidence Project

Programme Evaluation Partnership

The University of Essex Research team is recruiting beneficiaries and staff members for interviews for the sixth round of reporting, due at the end of January 2023, and have brought three new projects into the Formative Evaluation – Families Growing Together, Early Years Independent Domestic Violence Advocate project and YourFamily. The team also presented a comparative (meta-thematic) analysis to the Insights and Analysis Group meeting in August 2022 and to the Partnership Board in October 2022. This re-analysed data collected from projects as part of the Formative Evaluation, which focuses on projects, to draw out common themes and insights from across the ABSS programme. Alongside the project evaluations and the first report from the Summative Evaluation, this analysis gives an interesting and useful picture of how the ABSS programme is impacting families and of how services are delivered.

In an effort to build an accessible evidence base to inform their work, the team are compiling a series of 'evidence maps' which link the existing evidence to logics underpinning specific ABSS programmes, for example exploring what the available evidence reveals about the relationship between breastfeeding and long-term outcomes beyond early childhood. This is a 'light touch' piece of work, with each visual map no longer than a single page, backed up and linked to detailed evidence and literature. The intention is to provide a primer for stakeholders wanting to understand more about the evidence base for a programme or initiative. Work has commenced on the breastfeeding map.

The team welcomed new staff member Dr Liliane Silva in August. Liliane brings a wealth of experience and expertise to her Senior Research Officer role. She holds a PhD in neuro-psychology with a specialist interest in brain injury. The team now has a full complement of staff. The team has also invited Professor Vasilios Loakimidis to join the Independent Advisory Committee. The focus of the committee has shifted to the dissemination of research findings, and he will help to identify ways the team can broaden its publication reach. The second research paper arising from ABSS work: 'Making sense of organisational challenges and community resilience during Covid-19; A case study of a multi-agency intervention tackling child poverty in England' is co-authored with ABSS colleagues and is now in the final stages of review prior to submission for publication to the British Journal of Social Work.

As part of the Festival of Conversations in October 2022, the University of Essex and ABSS organised an 'Ideas Fair – Building our community one gift at a time: An introduction to Asset-Based Community Development (ABCD)'. This event was aimed at those with a passion to build the community they live and work in and who have a desire to see citizens take the lead. It was a lively and informative event attended by Social Work students, parents and other members of the Southend community, and people working for local organisations.

Independent Programme-wide Summative Evaluation

The report on Phase 1 of the Summative Evaluation was completed by independent evaluators RSM in August 2022 and was presented and discussed at the Partnership Board in August and at the Insights and Analysis Group meeting in October. In addition to the full report, a summary document, infographic resources and a PowerPoint slide deck have been created to help with dissemination of the findings. These findings point to evidence of positive impacts from the ABSS programme, but also highlight some areas where developments would help to increase the reach and impact of the

programme. Phase two of the evaluation is now being developed by RSM, with a Co-Design Group including ABSS parents, other local community members, and ABSS partners from statutory and voluntary organisations working with RSM to develop the design.

Outcomes Reporting

The SCC OPI Data Team continue with regular work refreshing the data dashboards and completing the Q1 and Q2 Lottery returns for the 2021-2023 year. Some initial scoping of the requirements of Lottery reporting have been undertaken in relation to providing them with legacy data (2015 to 2017) and possible gaps have been identified, stemming from a difference in the way the data was collected and reported at that time.

Following a detailed analysis of the 2022 results a discussion paper has been prepared in relation to the new EYFSP measures, as there has been a gap in data collection during the pandemic and a subsequent change in the methodology used to collect these measures. This paper and its implications will be discussed at the Insights and Analysis Group meeting in December 2022.

A draft monitoring dashboard has been created following discussion with NatCen and this will be used to monitor the uptake of parental consent to future data matching for evaluation purposes and the quality of data captured. This will be deployed to live operation when the consent materials have been printed and are ready for use. Some issues have been identified in the merging of data from eStart and InForm2 as this has resulted in data conflicts, but additional coding has been used to identify these and resolve them.

Workforce Development

Work continues with the development of the ABSS Workforce Development Strategy. This is identifying strategic priorities both for ABSS' own staff and also for the wider Early Years sector in Southend and will explore how ABSS can contribute to that wider agenda. A draft strategy is being prepared alongside the legacy work being undertaken for the ABSS programme.

An extract of the ABSS Data Dashboard titled '**Partnership Board Programme Activity Summary**' is shown in **Appendix One**

5 Programme Activity

Engagement

The number of beneficiaries engaging with the ABSS programme has continued its recovery following the reduced numbers seen during the Covid-19 pandemic. For the 12-month period to 31st October 2022, some 2,092 unique beneficiaries participated in ABSS activities, representing 45.8% of those eligible to participate. This was a rise from 1,926 unique beneficiaries (42.1% of eligible) in the 12 months to 31st October 2021. Of the 2,092 unique beneficiaries seen to October 2022, 1,008 were new beneficiaries engaging with ABSS for the first time, which was a small fall from 1,034 in the same period the previous year. However, this does not include figures for engagement during the Festival of Conversations, which saw large numbers of families participating in events, including many who were new to ABSS.

The highest level of reach was seen in Shoeburyness ward, with 57% of eligible beneficiaries participating in the year to 31st October 2022. The lowest was in Westborough ward (38.6%), however Westborough ward also saw the largest change in its reach during that period, rising from 31.4% in the 12 months to 31st October 2021.

Looking at reach by target areas for deprivation (deciles on the Index of Multiple Deprivation), engagement was seen with 50.2% of eligible beneficiaries living in areas of the highest deprivation (0-10% IMD) in the 12 months to 31st October 2022, up from 45.2% in the previous 12-month period. Engagement also rose with those living in the second-highest target areas (11-20%, rising from 39.8% to 44.4%) and third-highest target areas (21-30%, rising from 43.4% to 46%) during the same period.

YourFamily

888 families have joined the YourFamily community, and this includes 111 expectant mothers with the majority of families living in ABSS wards. The YourFamily team are supporting 75 families on a one-to-one basis (November 2022) and this varies each month with the most common themes being budgeting, benefits and food insecurity, child behaviour, the mental health of parent/ carer and housing.

The vast majority (70%) of introductions to YourFamily are made by health visitors followed by Family Centres and Family Centre Home Based Family Support teams (26%).

YourFamily continue to be present in the community and can be seen in libraries across Southend, foodbanks, Storehouse and One love project and this equates to 19 sessions per month.

Groups delivered solely by YourFamily include Play and Learn, Stay, Play and Weigh (requested by families at Centre Place), Cuppa and Chat, Tiny Touch and Feel-Good Fridays and the sessions are offered across Southend. The YourFamily team co-facilitate Stay and Play sessions and the ante natal offer with Family Centres as well as mini marvels a session for parents that have or did have a baby in the neo natal unit along with health visitors.

Parent, Family and Community Hub

The Hub space continues to be well used and well attended for most sessions in the week, providing some wonderful support sessions to families. Many ABSS delivery partners use the space to deliver their project with some booking the ABSS creche team too

Following a successful summer holiday where Chaos and Calm families continued to access the Hub with support from the Hub Co-ordinator. The ABSS creche will soon be attending sensory processing training which will enable them to deliver sessions during the school holidays to support families who have children with complex needs. The summer programme was welcomed by families.

The Little Steps team have booked the space to offer young parents support outside of their homes or temporary accommodation units. The team will now be delivering an ante natal offer and baby massage from the hub too.

Commissioned Services

Examples of some key Programme highlights are included below: Listed detail – Appendix Three

Let's Talk

The Let's Talk project continues to make a positive impact and from April 2022 to September 2022 have conducted 100, 23-month screening appointments. The Chat as We Grow element of the project (an online course for parents) is now incorporated into the pathway, with the expectation that parents attend this in advance of their child's designated Let's Talk course. This will engage parents

early in the process and will allow the key messages to be delivered to parents, reinforcing the idea that parental input is key in helping to develop and maintain their child's language.

The Let's Talk team successfully completed the Under 1s WellComm Screen training for Shoebury Health Visitor Assistants (HVAs) and further HVAs will be trained in January 2023. This will enable HVAs to upload results of screenings on to SystemOne and signpost children that scored red or amber to the Babbling Babies course, ensuring they receive the support they need as early as possible. Through accommodating Speech and Language (S&L) Student placements, as well as S&L volunteers applying for S&L Masters course, the project had also been involved in the delivery of S&L presentations to university students and professionals, showcasing the good work the project delivers and to share the learning from the project.

Adjustments to delivery methods have been made in response to learning from COVID. The Attention ABS course was previously a 5-week and is now split in to 2 more bespoke sessions. Attention ABS1 takes place on a 1:1 basis for younger children and Attention ABS 2 is a group for children aged 3+yrs. This enables the SLTs to focus on supporting children based on their specific needs in relation to their attention, play and turn taking skills.

Follow up sessions where families are invited to attend up to three months after completion of all courses, are offered if children have made progress during a course and where the team want to review further progress made at home. This with a view to discharging the child, conversely, if the child needs further support in the clinical service, Let's Talk will offer follow-up appointments whilst the child is awaiting a clinic appointment, this is to ensure that there is no gap in provision. The results indicate that these are well attended and valued by parents as a means of establishing where their child is at with their S&L development.

Work Skills

The Work skills project are to raise attainment and skills levels (at entry level, 1 and 2 against the Regulated National Qualifications Framework), to increase knowledge and awareness of options available for education and training, to increase participation in employment, training, education, and volunteering.

Poverty and parenting have been known to restrict retraining opportunities as well as access to education and volunteering and the work undertaken by Work skills looks for ways to reduce these barriers. A recent case study demonstrates how a parent has benefited hugely from the support on offer.

Talking Transitions

This year, phase four of the programme, has seen 16 schools and early years providers join Talking Transitions. This brings the total number of schools and early years settings taking part in the project to 49.

Elklan training has started and 15 learners representing 13 settings are currently participating. Due to staffing capacity and staff undertaking other essential training 3 of the settings were not able to take part in this cohort.

During the summer phase of the programme 900 children accessed Talking Transitions through school transition events, with all children receiving a chatter bag and chatter box challenge to be completed at home (during the summer break) and celebrated in the first few weeks in reception class.

A case study is attached for reference - see Appendix Two

Details of all ABSS programmes in delivery are attached for reference - see Appendix Three

The Festival of Conversations

During the two weeks of the Festival of Conversations (12th – 26th October 2022), 35 events were held across Southend. These ranged from magic shows and children’s craft and activity sessions to workshops focused on reading and language, roadshows featuring information stalls and activities, sessions tackling ‘Mum guilt’ and bringing Dads together to build bug hotels, storytelling, music, networking for professionals, a workshop on Asset-Based Community Development and one-off activities such as pottery and a beach clean. Sessions were organised and hosted by a range of ABSS partners and local organisations, by Parent Champions, and by ABSS staff teams including the creche, YourFamily and the Speech and Language specialists. A total of 925 participants registered their attendance at events, with over 400 of those being children. Evaluation of the Festival is now underway, and the feedback received from attendees through feedback cards at events, interviews with attendees and online surveys so far looks extremely positive. The evaluation report will be available in the New Year.

6 Programme Management Office

The Programme Management Office (PMO) currently has vacancies in the Project Management team, Research and Evaluation team and Communications and Marketing team across a number of grades. Work is currently underway to review job descriptions before roles are advertised over the festive holiday period, with the intention of closing and interviewing early in the new year. These posts will be advertised on a maximum two-year fixed term basis to ensure that applicants are clear about the commitment and timespan of the roles.

Vacancies for Connectors within the YourFamily team are currently live for applications, following promotion within the team there are 2.5 full-time equivalent posts available which we hope to fill with full and part-time candidates.

To support the ongoing implementation and rollout of the Inform2 client relationship management system, ABSS will contract with SCC for short term project management and business analyst support. This will be complemented by support from the Contracts Administrator, creating a robust internal support structure both for implementation and ongoing system administration and maintenance.

ABSS Action Against Racial Inequality

The consultant ‘Empower Develop People Training (EDP)’ has been commissioned to provide ABSS with anti-racism training and partnership development support. This work will focus on equality, reflection, understanding white fragility, workplace guidance from Workplace England, and information on belief systems.

7 Communications and Marketing

ABSS Website and digital offer

The ABSS website requires review to ensure that all information provided is relevant and easily accessible. Capacity within the Marcoms team has prevented this work taking place, but this is a strategic priority for the programme in the new year. To further support legacy and improve

accessibility to information and guidance, ABSS will be developing a digital strategy that ensure parents and professionals can access a 'one-stop-shop' focused on stages of presence and early years as well as cataloguing key learning and evidence.

8 Reasons for Recommendations

ABSS Governance have reviewed and approved activities at the appropriate level. The Health and Wellbeing Board are asked to:

1. Note the contents of the report and raise opportunities with Tara Poore, ABSS Director or Alex Khaldi, Independent Chair of A Better Start Southend (ABSS).
2. Note that A Better Start Southend has won two prestigious Children and Young People Now awards, highlighting the power of partnership, community and a focus on system change early years work.

9 Financial / Resource Implications

There are no financial/resource implications for this report.

10 Legal Implications

. There are no legal implications for this report.

11 Equality & Diversity

There are no equality and diversity implications for this report.

12 Appendices

Appendix One – ABSS Partnership Board Programme Activity Summary

Appendix Two – Case Study

Appendix Three - ABSS Project Names and Workstreams

Tara Poore, Director, ABSS

8th December 2022

Appendix One

Partnership Board Programme Activity Summary

Produced by the Operational Performance and Intelligence Team

03/10/2022

This short extract is based on the ABSS Programme Activity Dashboard for the period ending **31-Aug-2022**.

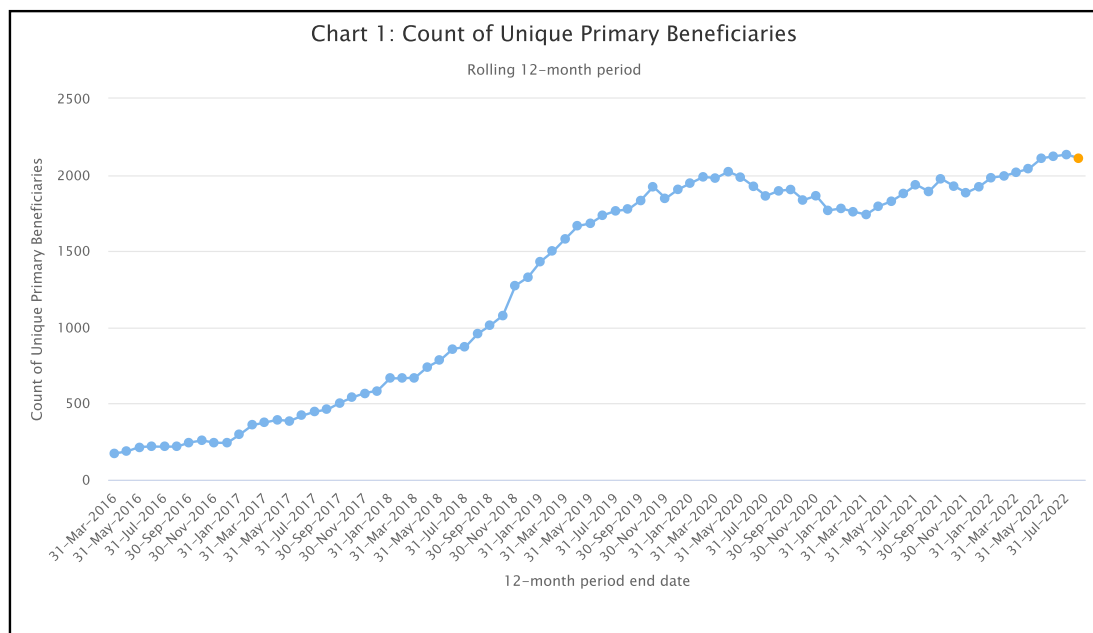
For further details please click the following link to view the full dashboard:

https://sbcdata.shinyapps.io/ABSS_Programme_Activity/
(https://sbcdata.shinyapps.io/ABSS_Programme_Activity/).

Section 1 - Programme Reach

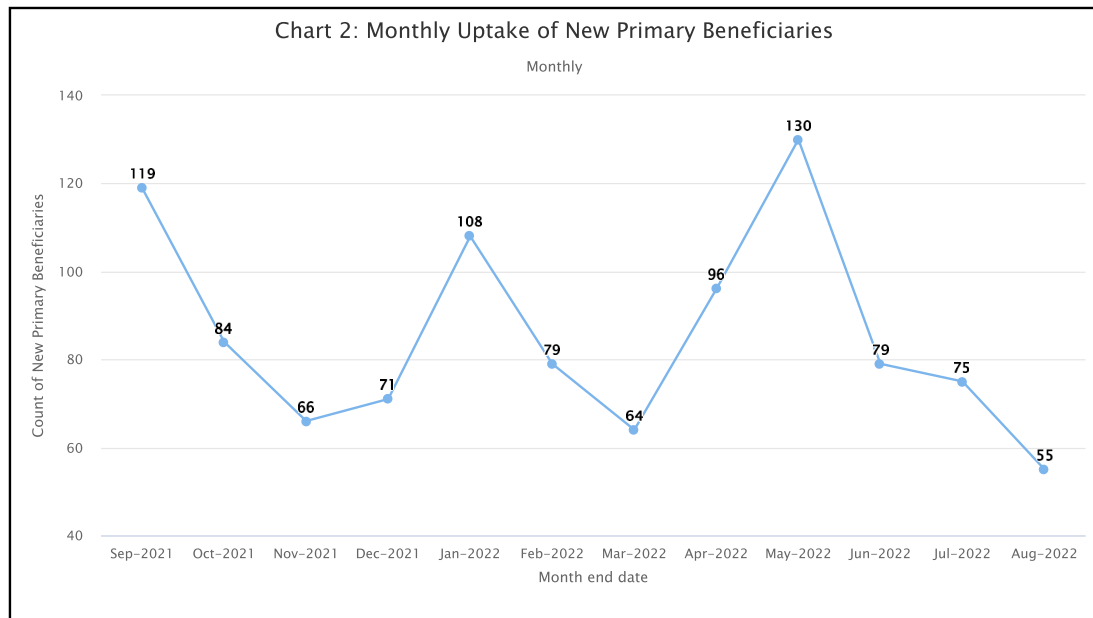
The total number of beneficiaries of the A Better Start Southend programme since April 2015 is now **5616**, which has risen from **5561** at the end of the previous month.

As chart 1 below shows, reach has continued to grow during the life of the programme and the total number of beneficiaries of A Better Start in the past 12 months was **2109**, which is higher than any pre-Covid period. This represents **46.1%** of all potential beneficiaries and is amongst the highest proportions achieved since the start of the programme. Growth in reach has been consistent since November 2021 indicating a recovery from the effects of Covid.



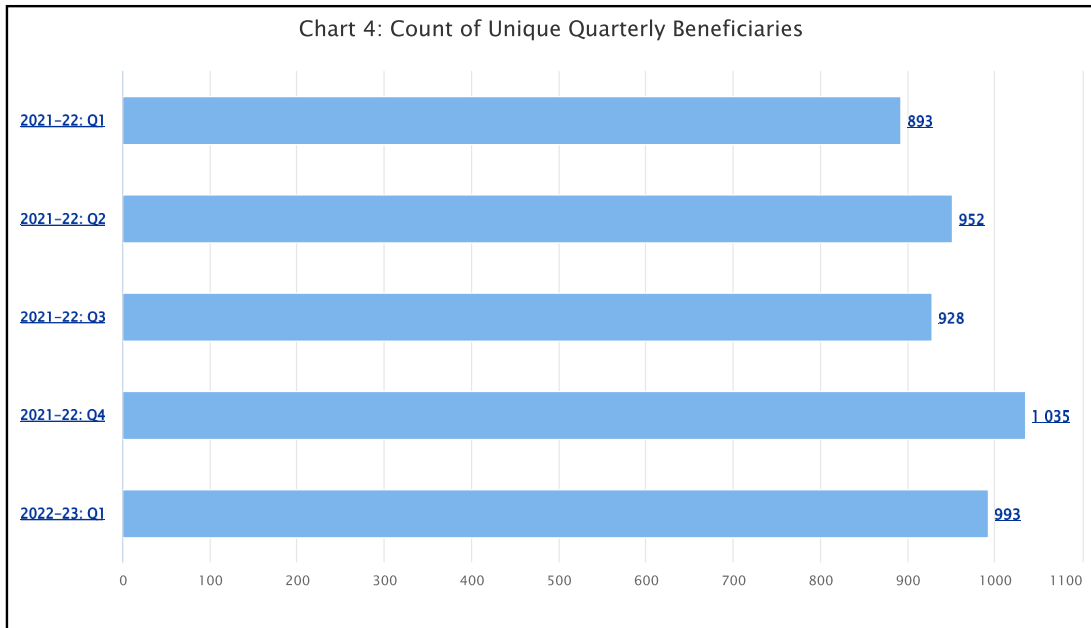
Section 2 - New Primary Beneficiaries

Chart 2 shows that new families continue to be introduced to the programme each month and the numbers of new beneficiaries show significant peaks at the start of the new academic and calendar year.

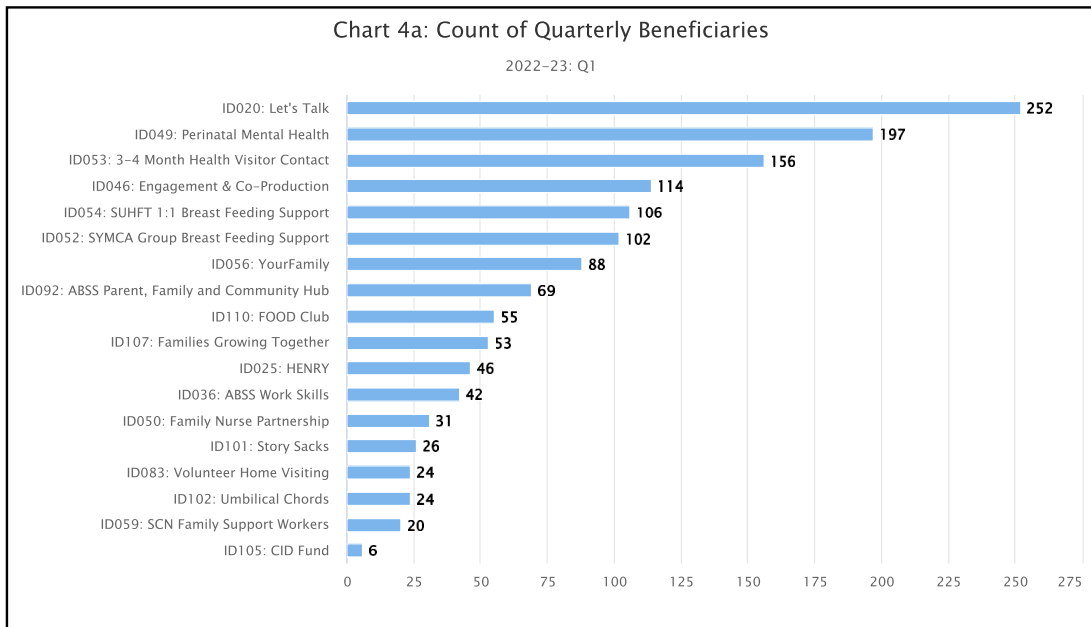


Section 3 - Project Delivery

As Chart 4 from the Programme Activity Dashboard shows below, quarter 4 (Jan - Mar) of the previous financial year was the busiest quarter, showing growth of activity since the start of this calendar year.



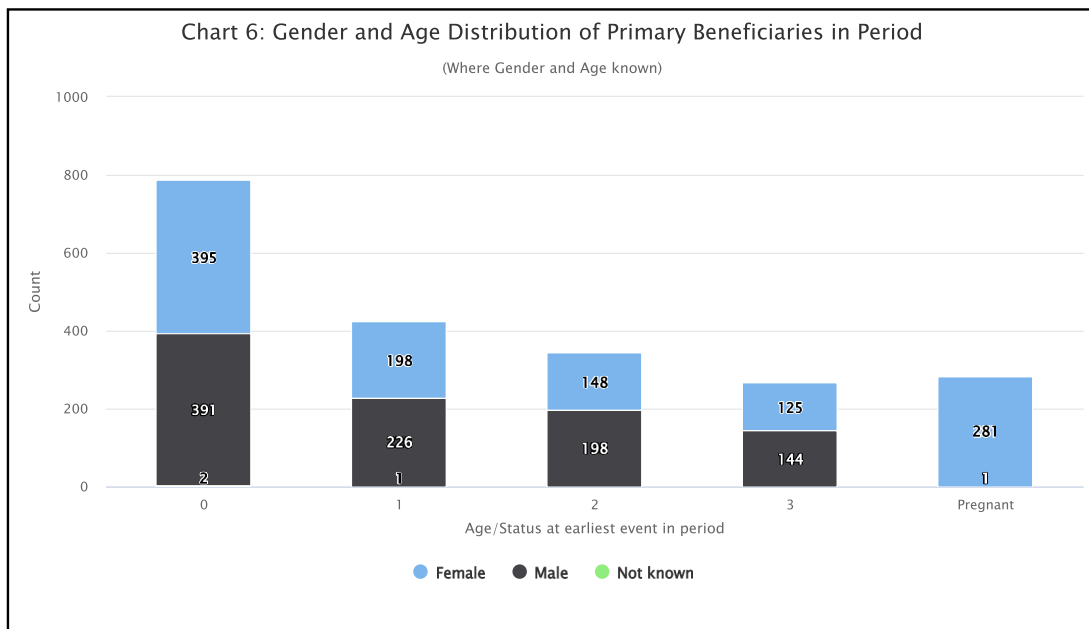
Quarter 1 of 2022-23 is displayed in Chart 4a at project level, showing the relative reach of each project in terms of numbers of primary beneficiaries. Note that the YourFamily project which was live from April 2022 is now included in project data.



Section 4 - Age and Gender

Chart 6 extracted from the Programme Activity Dashboard below shows that there is a fairly even distribution of male and female beneficiaries and that there is an emphasis on engaging children from the earliest stage in their lives (i.e. age 0).

The number of pregnant primary beneficiaries that participated in the past 12 months has decreased slightly from **296** for the equivalent 12-month period ending one year ago.

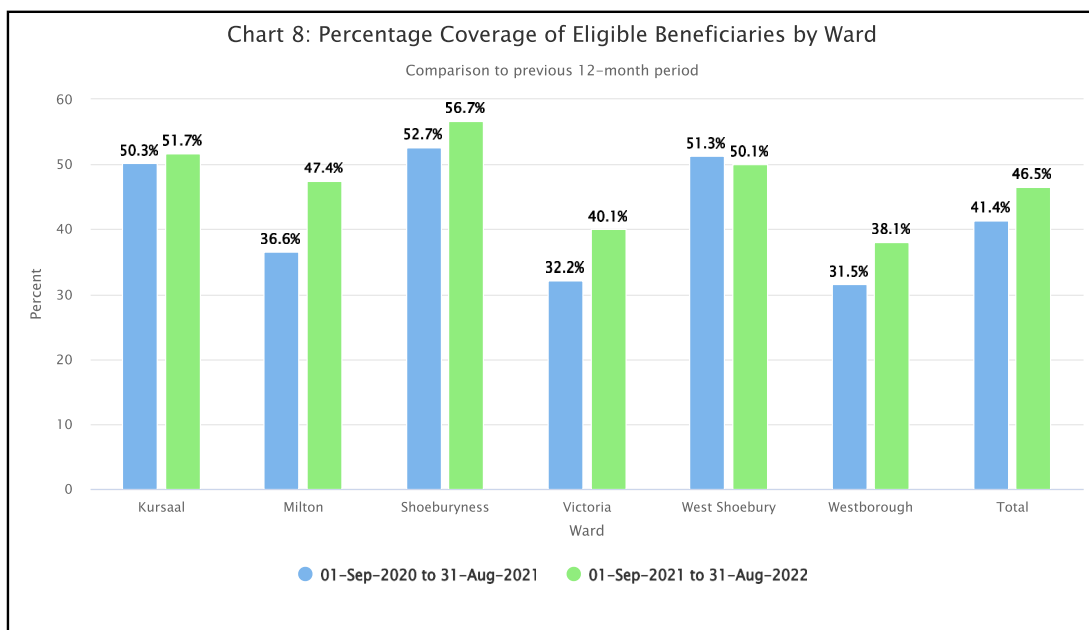


Section 5 - Delivery by Ward

Chart 8 extracted from the Programme Activity Dashboard shows a comparison of the percentage of eligible primary beneficiaries that have participated in an ABSS project during the past 12 months compared to the previous 12-month period. Over the combined ABSS wards (see the far right-hand bars) this percentage has increased and this is also the case for each of the wards with the exception of West Shoebury where there has been a small reduction in the percentage of potential beneficiaries engaged by the programme.

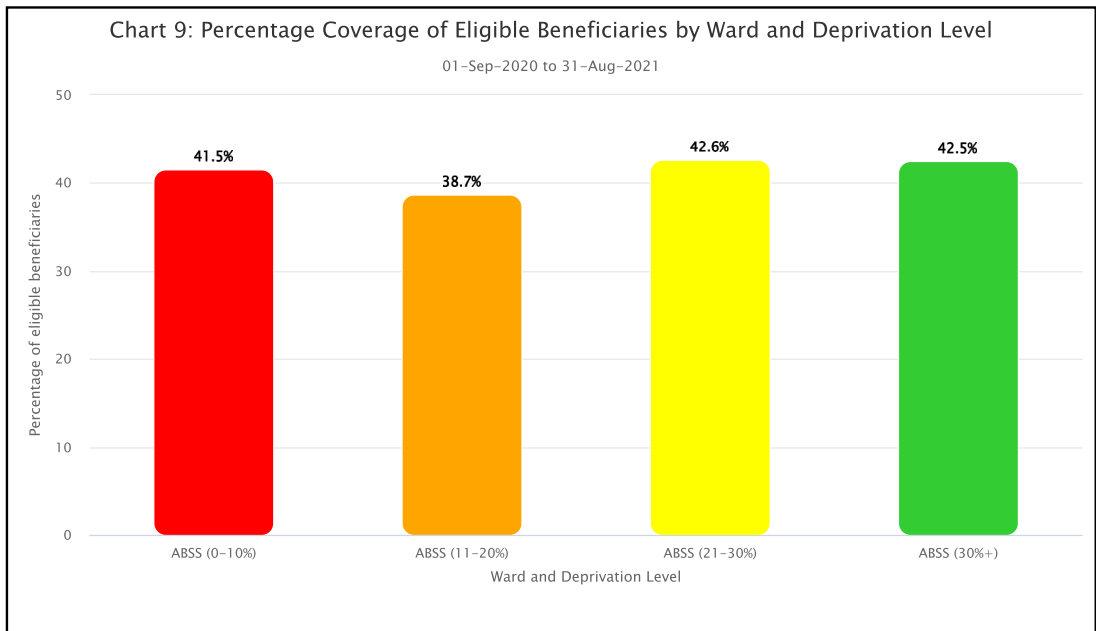
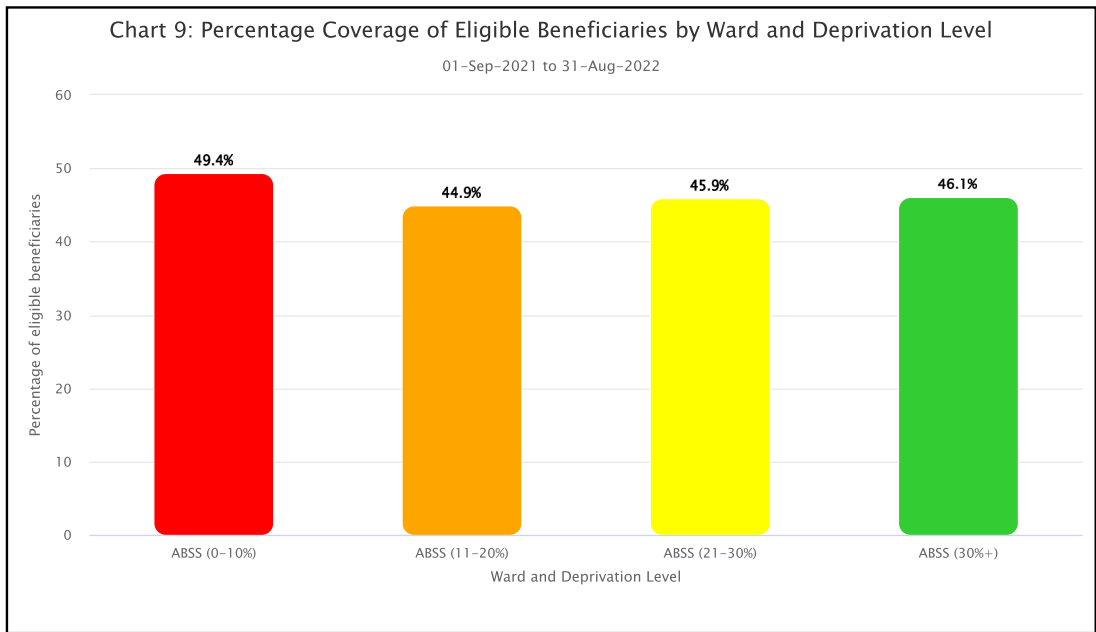
Reach within the Kursaal, Milton, Shoeburyness and West Shoebury all equal or exceed the average reach across the entire ABSS wards and reach in Victoria and Westborough is below the overall average.

The difference in reach between the wards with the highest and lowest reach is **18.6** percentage points.



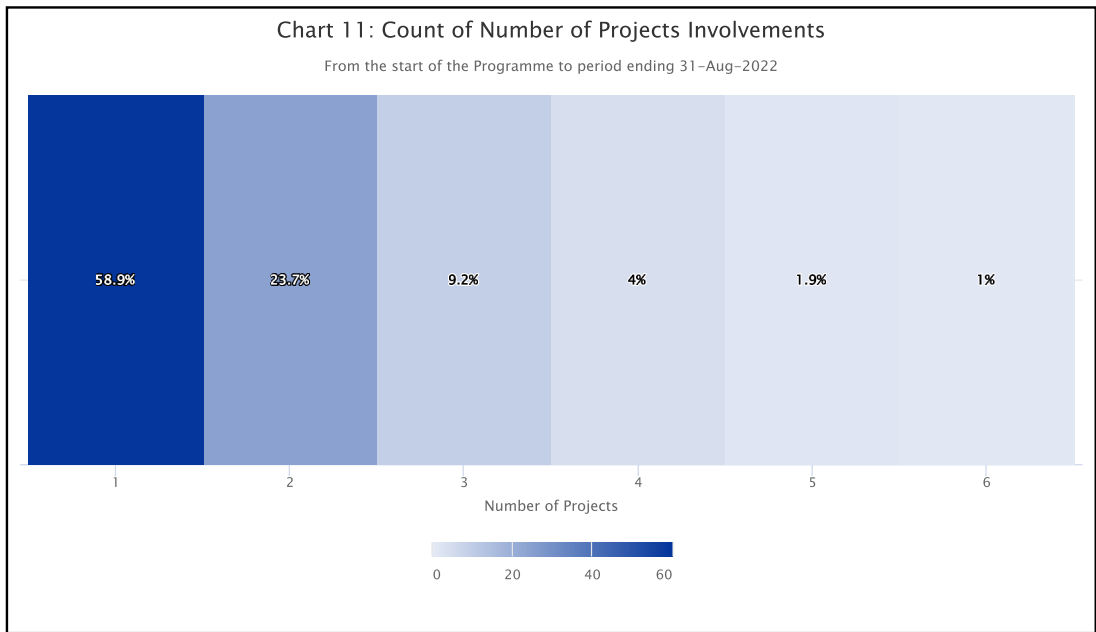
Section 6 - Delivery by Deprivation Level

The two charts below are partial extracts from the Programme Activity Dashboard and show a comparison of percentage delivery to all eligible beneficiaries for the current and previous 12-month delivery periods, by deprivation deciles. The top chart shows the most recent 12-month period and displays a higher level of reach in the most deprived areas (red bars). The percentages for all deprivation areas have increased from the previous 12 month period.



Section 7 - Participation in Multiple Projects

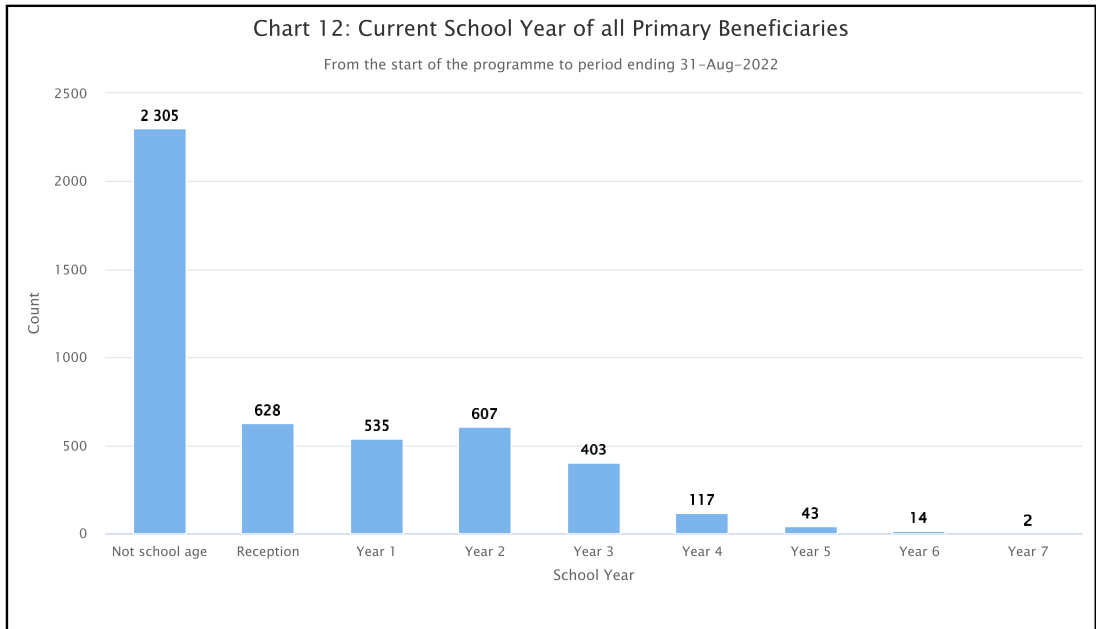
This chart shows the percentage of beneficiaries that have been involved in multiple projects over the course of the programme. For example, **41.1%** of all beneficiaries have been involved in more than one project, which demonstrates a good linkage between projects and retention of beneficiaries.



Section 8 - Current School Year of Primary Beneficiaries

This final chart shows the current school year of all current and past primary beneficiaries. This is helpful when considering that a number of outcome measures reported to the National Lottery Community Fund are age-related. For example, the Early Years Foundation Stage Profile (EYFSP) and one of the National School Measurement Programme (NCMP) measures are taken during the reception year. The ability of A Better Start to improve these population-level outcomes is dependent on a significant proportion of those children being reached by the ABSS Programme.

For further details of outcome measures please click the following link to view the full dashboard:
https://sbcddata.shinyapps.io/ABSS_COF_Tool/ (https://sbcddata.shinyapps.io/ABSS_COF_Tool/).



End of document.

Appendix Two - Case Study

Case Study - Workskills

Background:

Parent A has 2 children and left their job to raise their children. Parent A hoped that ABSS Work Skills would inspire them to find a new career that would work around their children.

Intervention:

Parent A attended our Careers in Beauty January 2022 as they are very interested in furthering their career into the Beauty industry.

Parent A attended our Gel Nails Course in March 2022, as they wanted to improve their skills and techniques professionally, whilst finding enjoyment in something new.

Parent A went on to attend our Nail Art Course in September 2022, as they are very eager to learn how to do Nail Art and further their knowledge from the ABSS Beauty course they previously attended; Gel Nails in March earlier in the year. Parent A has requested to learn how to professionally do a manicure so that they can offer a full set of nail beauty options – with the possibility of working from home.

Parent A attended our CV Writing session to learn how to professionally create their very own CV to enhance their confidence into finding work; receiving professional advice and support.

Parent A is looking forward to attending our Self Employment Course as they are interested in learning how to become self-employed and are excited to be attending our Beauty Facial Course this November as well, to further their skills and knowledge even more.

Parent A will be attending our First Aid Course this November too, to become more confident in an emergency.

Parent A also attended our Food Safety Course, Careers Fair, Catering, Pottery, Careers in the NHS, Careers in Fashion, Photography, Mental Health First Aid, Mindfulness, CV Writing and Floristry as they decide on their career path.

Outcomes and benefits:

Having attended the ABSS Work Skills sessions, Parent A has decided that self-employment in beauty is currently their best option. They are looking to set up as self-employed following the self-employment course doing beauty treatments. Parent A has already been charging to do gel nails since becoming accredited through the ABSS Work Skills Gel Nail course.

Parent A has made many friends at our Work Skills sessions improving their confidence by socializing and interacting with other adults, they have also introduced new people to our projects to help others.

Parent A's Comment:

"I am very interested in learning how to do a manicure, I hope ABSS Workskills runs a session on this"

In response to our written Exit Evaluation: Please let us have a comment that we can use as a quote- "ABSS Workskills is giving me the confidence and qualifications to get back into work after having children".

Appendix Three - Project Names and Workstreams

| Project ID | Project Title | Work Stream | Budget Work Stream | Delivery Status | Delivery Partner |
|------------|--|-------------|--------------------|-----------------|---------------------------------------|
| ID054 | 121 Breastfeeding | D & N | D & N | In Delivery | MSE Hospital Trust (previously SUHFT) |
| ID052 | Group Breastfeeding | D & N | D & N | In Delivery | YMCA |
| ID053 | 3 - 4 Month Contact | D & N | D & N | In Delivery | SCC |
| ID025 | HENRY Healthy Families | D & N | D & N | Closed | HENRY |
| ID087 | Southend Supports Breastfeeding | D & N | D & N | Mobilisation | SCC & EYA |
| ID088 | Infant Feeding Supervisor Lead | D & N | D & N | In Delivery | SCC |
| ID089 | Maternal Healthy Weight | D & N | D & N | Paused | TBD |
| ID095 | UNICEF Accreditation | D & N | D & N | Paused | TBD |
| ID097 | Public Health Midwife | D & N | D & N | In Delivery | SCC & EPUT |
| ID110 | FOOD Club | D & N | D & N | In Delivery | Family Action |
| ID050 | Family Nurse Partnership | S & E | S & E | In Delivery | EPUT |
| ID049 | Perinatal Mental Health | S & E | S & E | In Delivery | EPUT |
| ID061 | Preparation for Parenthood | S & E | S & E | Closed | HENRY |
| ID083 | Volunteer Home Visiting Service | S & E | S & E | In Delivery | Home Start |
| ID107 | Families Growing Together | S & E | S & E | In Delivery | Trustlinks |
| ID104 | IDVA | S & E | S & E | In Delivery | Safe Steps |
| ID020 | Let's Talk | C & L | C & L | In Delivery | EPUT |
| ID082 | WellComm Screening | C & L | C & L | In Delivery | EYA |
| ID091 | Talking Transitions | C & L | C & L | In Delivery | EYA |
| ID109 | Sensory Story Time | C & L | C & L | In Delivery | Chaos and Calm |
| ID101 | Story Sacks | C & L | CR | In Delivery | SAVS |
| ID102 | Umbilical Chords | C & L | CR | In Delivery | YMCA |
| ID046 | Engagement | CR | CR | In Delivery | SAVS |
| ID064 | Engagement Fund | CR | CR | In Delivery | SAVS |
| ID084 | CID Fund (Process and applications) | CR | CR | In Delivery | N/A |
| ID086 | Coproduction Champion | CR | CR | In Delivery | SAVS, EYA, SCC |

| | | | | | |
|-------|---|----|-------|----------------|-------------------------------------|
| ID036 | Work Skills | CR | CR | In Delivery | SCC |
| ID103 | Engagement Fund COVID-19 | CR | CR | Closed | SAVS |
| ID115 | Hamlet Court Road in Harmony | CR | CR | Paused | |
| ID116 | Festival of Conversation | CR | SC | In Delivery | Bromfield Events & various partners |
| ID059 | FSW SCN | SE | S & E | In Delivery | East Anglia Hub |
| ID056 | Your Family | DD | S & E | In Delivery | EYA/ABSS |
| ID092 | ABSS Parent, Family and Community Hub | DD | CR | In Delivery | ABSS |
| ID081 | Welcome to the UK | SC | SC | In Delivery | Welcome to the UK |
| ID099 | Data Input - ESTART | SC | SC | In Delivery | SCC |
| ID080 | First and Foremost | SC | SC | Closed | EYA |
| ID079 | The Dartington Service Design (0-19 mapping) | SC | SC | Closed | Dartington |
| ID078 | SCC Data Analysis | SC | SC | In Delivery | SCC |
| ID048 | Joint Paediatric Clinic | SC | SC | Paused | TBD |
| ID090 | Programme Evaluation Partnership | SC | SC | In Delivery | UoE |
| ID106 | RSM Summative Evaluation | SC | SC | In Delivery | RSM |
| ID098 | Information Governance Specialist Consultant | SC | SC | In Delivery | Data Protection People |
| ID117 | AARI | SC | SC | Paused | Equinox (ended) new TBC |
| ID108 | Digital Strategy (Inform) | SC | SC | In Delivery | SCC & ABSS |
| ID114 | Reception at Centre Place | SC | D & N | Service Design | |